

# Unlock the Secrets of Patient Assessment with Patient Assessment Practice Scenarios!

**NREMT EMT Patient Assessment 2014 - Medical**

**VITAL-RECALL**

**1. SCENE SIZE-UP**

Scene safe?  
 BSI (gloves, mask, etc)  
 MOI & NOI  
 Number of patients?  
 EMS  
 with 29-30-31  
 Must EMT capabilities  
 My responsibility  
 3-5 min (10-15 min for 2nd edge)  
 CASH (Call, Assess, Help, Apply, Re-evaluate)

**2. PRIMARY SURVEY / RESUSCITATION**

Verbalize general impression of the patient (what you see)  
**L.O.C**  
 level of consciousness

PO "What's your name?"  
 XO "Where are you right now?"  
 XO "What day is it?"  
 XO "Tell me what happened?"

Alert - responds to verbal  
 Verbal - responds to verbal  
 Pain - responds to pain  
 Unresponsive - to all stimulation

What are the chief complaint or apparent life threats?

**3. Check Airway**  
 Open & clear  
 Suction  
**4. Check Breathing**  
 Look, Listen, Feel  
 Rate & rhythm  
 SpO2  
 EMT POS Pressure 90

**5. Check Circulation**  
 Check pulse - Rate & quality  
 Heave vs. Calf, Tense, Compress  
 Assess & manage major bleeding  
 Blood vessel if needed

● initiate shock management  
 (patient prone, elevate both legs)  
 (Flow Rate 200-300 ml/min)

● Patient Priority (transport)  
 (patient stable) (contact dispatch)  
 (patient unstable) (transport)  
 (patient unstable) (transport)

**6. History**

Onset - When did this start? What were you doing?  
 Provocation - What makes it feel better or worse?  
 Quality - Can you describe the pain? Sharp, Dull, Stabbing...  
 Radiation - Where else does it go?  
 Severity - On a scale of 1 to 10.  
 Time - How long has it been going on?

SOB & SPO2 - 20-30% and less than 92% and 88%  
 Allergic - 2-3 min you will be dead and 10-15 min you will be dead  
 Medication - I.N.D. - 2-3 min you will be dead  
 Past Medical History - 1-2 min you will be dead  
 Last Oral Intake - 2-3 min you will be dead  
 Events - 1-2 min you will be dead

**4. SECONDARY ASSESSMENT**

1. General Appearance  
 2. Head (HEENT)  
 3. Neck  
 4. Chest  
 5. Abdomen  
 6. Extremities  
 7. Neurological  
 8. Psych/Social  
 9. Reprint

**5. VITAL SIGNS**

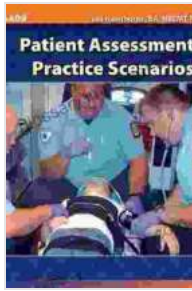
**6. Reassessment**

Mental status?  
 Re-check vitals  
 Re-check interventions  
 5 minutes for Critical Patient!  
 15 minutes for other patients!

15 minutes for other patients!

## Embark on a Journey of Clinical Excellence

Patient assessment is the cornerstone of effective healthcare delivery. It's the foundation upon which accurate diagnoses, tailored interventions, and optimal patient outcomes are built. "Patient Assessment Practice Scenarios" by renowned healthcare author Les Hawthorne is an indispensable resource that empowers nursing students, practitioners, and healthcare professionals alike to master this critical skill.



## Patient Assessment Practice Scenarios by Les Hawthorne

★★★★☆ 4.4 out of 5

Language : English  
File size : 2976 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 610 pages



### Immerse Yourself in Real-World Challenges

This comprehensive guidebook presents a wealth of realistic patient assessment scenarios that mirror the complexities of actual clinical practice. Each scenario meticulously captures the patient's history, vital signs, physical examination findings, and diagnostic test results, providing a rich and authentic learning environment.

By immersing yourself in these practice scenarios, you'll:

- \* Sharpen your critical thinking and analytical skills
- \* Develop a deep understanding of patient assessment methodologies
- \* Enhance your ability to identify and prioritize patient concerns
- \* Cultivate proficiency in communicating your findings effectively

### A Holistic Approach to Patient Assessment

Hawthorne's approach to patient assessment is both thorough and compassionate, encompassing a holistic view of the individual. Patient Assessment Practice Scenarios emphasizes the importance of:

\* Gathering comprehensive patient histories \* Performing thorough physical examinations \* Interpreting diagnostic test results \* Formulating accurate nursing diagnoses \* Developing evidence-based care plans

This comprehensive approach ensures that you have the knowledge and skills to provide high-quality, individualized care to every patient you encounter.

## **Expert Guidance and Case Studies**

Throughout the book, Hawthorne provides expert guidance and insights that help you navigate the challenges of patient assessment. You'll gain valuable tips and techniques for:

\* Establishing rapport with patients \* Conducting effective interviews \* Recognizing signs of critical illness \* Prioritizing interventions based on patient needs

In addition, Patient Assessment Practice Scenarios includes a collection of in-depth case studies that illustrate the real-world application of assessment principles. By studying these case studies, you'll learn how to apply your knowledge and skills in authentic clinical situations.

## **Essential for Healthcare Professionals**

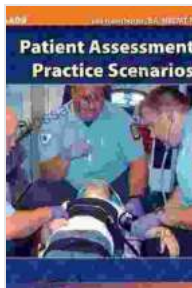
Patient Assessment Practice Scenarios is a must-have resource for anyone seeking to excel in healthcare. Whether you're a nursing student preparing for clinical rotations, a practicing nurse looking to refine your skills, or a healthcare professional seeking continuing education, this book provides an invaluable foundation for patient assessment mastery.

## Invest in Your Future Success

By investing in Patient Assessment Practice Scenarios, you're investing in your future success as a healthcare professional. With its comprehensive scenarios, expert guidance, and engaging case studies, this book will empower you to provide exceptional care to your patients and make a lasting impact on their lives.

## Free Download Your Copy Today!

Don't miss out on this opportunity to transform your patient assessment skills. Free Download your copy of Patient Assessment Practice Scenarios by Les Hawthorne today and unlock the secrets of clinical excellence.



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