

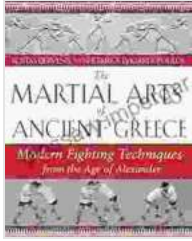
Master Ancient Warrior Arts: Modern Fighting Techniques From The Age Of Alexander



Alexander the Great, the renowned military commander of the ancient world, is credited with conquering one of the largest empires in history. His unbeatable army, the Macedonians, were known for their superior fighting skills. Now, you can learn the same techniques that made Alexander's army so formidable.

The Martial Arts of Ancient Greece: Modern Fighting Techniques from the Age of Alexander by Kostas Dervenis

★★★★☆ 4.1 out of 5



Language	: English
File size	: 21346 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 256 pages



Modern Fighting Techniques From The Age Of Alexander is a comprehensive guide to the ancient art of Macedonian warfare. Inside, you'll find step-by-step instructions on how to perform the same lethal techniques used by Alexander's elite warriors. You'll learn how to:

- Wield the hoplite spear with deadly accuracy
- Use the sarissa, a 18-foot pike, to devastating effect
- Form the phalanx, an impenetrable wall of shields
- Execute lightning-fast sword strikes
- And much more!

Whether you're a martial artist, a history buff, or simply someone who wants to learn how to defend themselves, *Modern Fighting Techniques From The Age Of Alexander* is an invaluable resource. With its clear instructions and detailed illustrations, you'll be able to master the same techniques that made Alexander's army unbeatable.

Who Is This Book For?

Modern Fighting Techniques From The Age Of Alexander is for anyone who is interested in:

- Martial arts
- Ancient history
- Self-defense
- Military strategy
- Physical fitness

Whether you're a beginner or an experienced martial artist, you'll find something to learn in this book. The techniques are presented in a clear and concise manner, so you can start practicing them right away.

What You'll Learn

In *Modern Fighting Techniques From The Age Of Alexander*, you'll learn:

- The history of Macedonian warfare
- The weapons and armor used by Alexander's army
- The basic fighting techniques of the Macedonians
- How to form the phalanx
- How to fight with the hoplite spear and sarissa
- How to execute sword strikes
- And much more!

With its detailed instructions and illustrations, this book is the most comprehensive guide to Macedonian warfare available. You'll learn everything you need to know to master the same techniques that made Alexander's army unbeatable.

Benefits Of Learning Macedonian Fighting Techniques

There are many benefits to learning Macedonian fighting techniques, including:

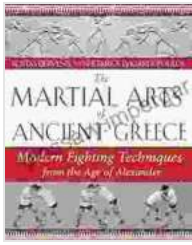
- Improved physical fitness
- Increased self-confidence
- Enhanced self-defense skills
- A deeper understanding of ancient history
- A fun and rewarding hobby

Whether you're looking to improve your physical fitness, learn how to defend yourself, or simply expand your knowledge of ancient history, *Modern Fighting Techniques From The Age Of Alexander* is the perfect resource.

Free Download Your Copy Today!

Don't miss out on this opportunity to learn the ancient art of Macedonian warfare. Free Download your copy of *Modern Fighting Techniques From The Age Of Alexander* today!

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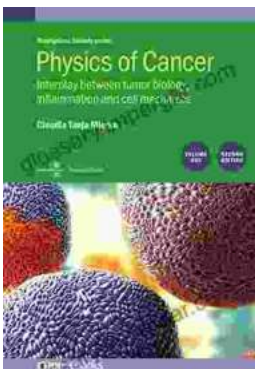
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