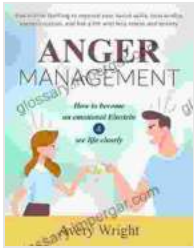


How To Become An Emotional Einstein: See Life Clearly & Use Critical Thinking To...



Anger Management: How to become an emotional Einstein & see life clearly - Use critical thinking to improve your social skills, relationship communication, ... live a life with less stress and anxiety by Georg H. Eifert

★★★★☆ 4.2 out of 5

Language : English
File size : 627 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 229 pages
Lending : Enabled



Are you tired of being controlled by your emotions? Do you wish you could think more clearly and make better decisions? If so, then you need to read "How To Become An Emotional Einstein." This book will teach you how to identify and manage your emotions, so that you can live a more fulfilling and productive life.

In this book, you will learn:

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- How to understand the causes of your emotions
- How to manage your emotions in a healthy way

- How to use critical thinking to make better decisions
- How to live a more fulfilling and productive life

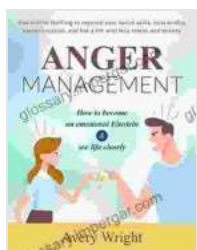
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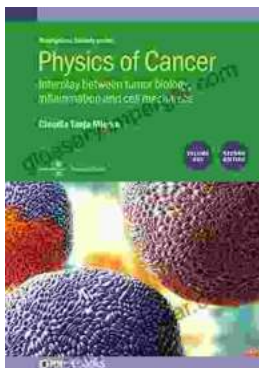
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