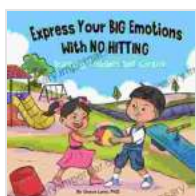


Express Your Big Emotions With No Hitting

Express Your Big Emotions With No Hitting is an essential resource for parents and professionals who want to help children develop healthy ways to express their emotions. This book provides clear, concise, and practical guidance on how to support children as they learn to regulate their emotions, develop empathy, and resolve conflicts peacefully.



Express Your Big Emotions With No Hitting: Teaching Toddlers Self Control by Grace Love PhD

★★★★☆ 4.6 out of 5

Language	: English
File size	: 7419 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 31 pages
Lending	: Enabled



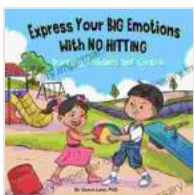
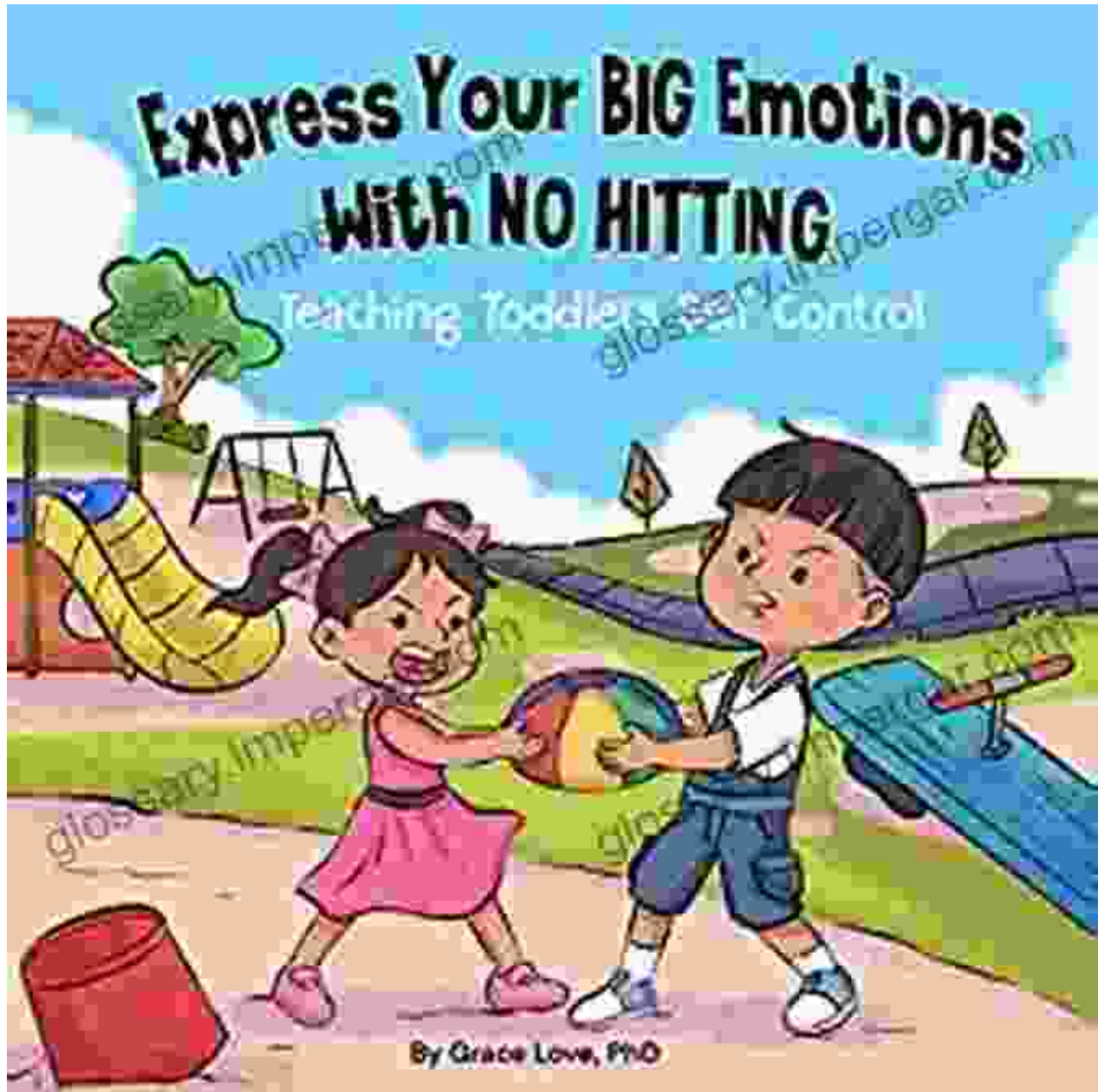
Written by Dr. Rebecca Bailey, a leading expert in child development, Express Your Big Emotions With No Hitting is based on the latest research on how children learn to manage their emotions. Dr. Bailey provides a step-by-step approach to helping children understand their emotions, manage their reactions, and interact with others in a positive way.

This book is filled with practical tips and strategies that parents and professionals can use to help children develop healthy emotional skills. Dr. Bailey provides tips on how to:

- Help children identify and label their emotions
- Teach children how to express their emotions in a healthy way
- Set limits on unacceptable behavior
- Resolve conflicts peacefully
- Encourage children to develop empathy
- Build children's self-esteem

Express Your Big Emotions With No Hitting is an essential resource for parents and professionals who want to help children develop healthy emotional skills. This book provides clear, concise, and practical guidance on how to support children as they learn to regulate their emotions, develop empathy, and resolve conflicts peacefully.

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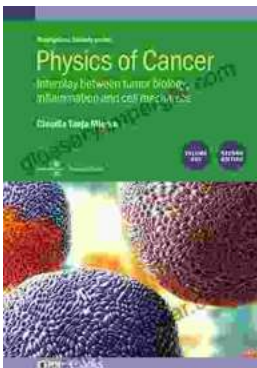
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